


College and Career Readiness

Personality Trait Assignment

9th-12th Grade

Counseling.9-12.CD.1 - Students identify individual strengths and interests to make informed education and career decisions.

- Go to the website
- <http://www.humanmetrics.com/cgi-win/jtypes2.asp>
- Read the directions.
- Scroll down to the questionnaire.
- Complete the questionnaire and submit.
- Copy your typology to a googledoc and share with bfergerson@mcpsmt.org . At the end of this assignment you will find an explanation of what each of the letters mean.
- Search for the site Psychology Today on that site search for the article *5 Things Every Introvert Should Know About Extroverts and Vice Versa*
- Copy to a googledoc and share with bfergerson@mcpsmt.org
- - **Favorite world:** Do you prefer to focus on the outer world or on your own inner world? This is called [Extraversion \(E\)](#) or [Introversion \(I\)](#).
 - **Information:** Do you prefer to focus on the basic information you take in or do you prefer to interpret and add meaning? This is called [Sensing \(S\)](#) or [Intuition \(N\)](#).
 - **Decisions:** When making decisions, do you prefer to first look at logic and consistency or first look at the people and special circumstances? This is called [Thinking \(T\)](#) or [Feeling \(F\)](#).
 - **Structure:** In dealing with the outside world, do you prefer to get things decided or do you prefer to stay open to new information and options? This is called [Judging \(J\)](#) or [Perceiving \(P\)](#).
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